COMPANY REGISTRATION NUMBER: 06891337 CHARITY REGISTRATION NUMBER: 1135535

Hear Us Company Limited by Guarantee Unaudited Financial Statements 31 March 2022

Company Limited by Guarantee

Financial Statements

Year ended 31 March 2022

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Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2022

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Registered charity name

Hear Us

Charity registration number

1135535

Company registration number 06891337

Principal office and registered Orchard House.

office

15a Purley Road, South Croydon

CR2 6EZ

The trustees

Ruth Govan Cassandra Austin Abeline Greene Jonathan Weller Josh Baker-Mendoza Mr Niall Mcveigh

Mrs Jacqueline Ashton

Angela Mitchell Karen Grayson

(Appointed 23 December 2021)

(Appointed 23 December 2021) (Retired 23 December 2021) (Retired 23 December 2021)

Company secretary

Abeline Greene

Accountants

Axis Accountants Ltd T/as Mitchell Rodrigues & Co

Chartered accountant Suite 14, Zeal House, 8, Deer Park Road

London SW19 3GY

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2022

Structure, governance and management

Formation

Hear Us has been running since 4th October 2001 as a not for profit organisation in Croydon and on 15th April 2010 the Management Committee registered Hear Us with the Charity Commission for charity status (No. 1135535) to give Hear Us a more independent and stronger voice in the community.

Management

The constitution in the original form was adopted by resolution at the AGM held on the 27th May 2004. Amendments to the constitution were adopted by resolution at the EGM held on 1st July 2008.

The Management Committee are the Board of Trustees and are listed above. They include a Chairperson, Vice Chairperson, Secretary, Treasurer and the Chief Executive Officer Tim Oldham. The Committee has the power to coopt members as and when they deem it necessary. The Board of Trustees are responsible for the day to day running of Hear Us and have a responsibility to report to the funders, charity commission and other stakeholders whenever the need arises.

Objectives and activities

The objectives of Hear Us are:

To relieve the needs of people living in the London Borough of Croydon and surrounding areas who have mental health problems by provision of services and advice.

To advance education about mental health for public benefit in the London Borough of Croydon and surrounding areas with the object of creating awareness and reducing the stigma attached to mental health.

Achievements and performance

Hear Us Senior Management Team worked hard to achieve accreditation from Advice Quality Standard (AQS) for our Welfare Surgeries Project whilst bringing in new funding from Lloyds Foundation, City Bridge and the National Lottery to help secure and expand our projects. We are now able to support more service users to claim and maintain their benefit claims whilst ensuring continuous service improvement and increased quality in all our services.

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) (continued)

Year ended 31 March 2022

Financial review

Reserves Policy

Hear Us endeavours to maintain reserves equivalent to a minimum of 6 months costs at all times. For the financial year 2022/23 this will be approximately £120,000. These should be held in bank accounts with easy withdrawal facilities.

Risk Management

The Board of Trustees have identified and reviewed the major risks facing Hear Us and systems have been established to mitigate them. Lack of financial resources to cover expenditure is recognised as the main concern, together with the need to protect our reputation and ensure that all regulatory requirements are adhered to. Measures to reduce risk in these areas include:

Review of the Service Level Agreement with Clinical Commissioning Group (CCG). Annual Review of events. Regular Committee meetings including Financial Report (current & projected, Charity Chief Executive Officer Reports and a review of fundraising activities. Formation of a fundraising committee who are required to report on all plans and activities to the Board of Trustees. Regular liaison with officers of the Croydon Clinical Commissioning Group. Continuation of staff training programmes.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption. The trustees' annual report was approved on 28/10/2022 and signed on behalf of the board of trustees by:

Jacqueline Ashton

Trustee

Abeline Greene Charity Secretary

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Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Hear Us

Year ended 31 March 2022

I report to the trustee on my examination of the financial statements for the year ended 31 March 2022, which comprise the statement of financial activities, statement of financial position and the related notes.

Responsibilities and basis of report

As the Trustee of the Charity, you are responsible for the preparation of the financial statements.

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters, other than those fully detailed below, have come to my attention in connection with the examination giving me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2. the financial statements do not accord with those records; or
- 3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- 4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

Company Limited by Guarantee

Independent Examiner's Report to the Trustees of Hear Us (continued)

Year ended 31 March 2022

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached

Sohaib Akram FCCA

AXIS ACCOUNTANTS LTD

Chartered Certified Accountants

Suite 14, Zeal House,

28/10/2022

8, Deer Park Road

London

SW19 3GY

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

31 March 2022

			2022		2021
		Unrestricted	Restricted		
		funds	funds	Total funds	Total funds
	Note	£	£	£	£
Income and endowments	_				
Donations and legacies	5	140,658	104,071	244,729	191,528
Total income		140,658	104,071	244,729	191,528
Expenditure					
Expenditure on charitable activities	6,7	(98,829)	(80,306)	(179, 134)	(145,977)
Other expenditure	8	(1,870)		(1,870)	(1,206)
Total expenditure		(100,699)	(80,306)	(181,004)	(147,183)
100 110 110 110 110 110 110 110 110 110	100	-	-		
Net income and net movement in fo	unds	39,959	23,765	63,725	44,345
Reconciliation of funds					
Total funds brought forward		128,987	7,600	136,587	92,242
Total funds carried forward		168,946	31,365	200,311	136,587

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Company Limited by Guarantee

Statement of Financial Position

31 March 2022

		2022		2021
		£	£	£
Current assets				
Debtors	13	244		226
Cash at bank and in hand		201,864		138,043
		202,108		138,269
Creditors: amounts falling due within one year	14	1,796		1,682
Net current assets			200,312	136,587
Total assets less current liabilities			200,312	136,587
Net assets			200,312	136,587
Funds of the charity				
Restricted funds			31,366	7,600
Unrestricted funds			168,946	128,987
Total unrestricted funds		168,946		128,987
Total charity funds	15		200,312	136,587

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees responsibilities:

- The shareholders have not required the charity to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 28/10/2022 and are signed on behalf of the board by:

Jacqueline Ashton

Trustee

COMPANY REGISTRATION NUMBER: 06891337

Company Limited by Guarantee

Statement of Cash Flows

Year ended 31 March 2022

	2022 £	2021 £
Cash flows from operating activities Net income	63,725	46,335
Adjustments for: Depreciation of tangible fixed assets Interest payable and similar charges Accrued expenses	_ 14,283 114	663 7,923 384
Changes in: Trade and other debtors	(18)	
Cash generated from operations	78,104	55,305
Interest paid	(14,283)	(7,923)
Net cash from operating activities	63,821	47,382
Cash flows from investing activities Purchase of tangible assets		(2,653)
Net cash used in investing activities		(2,653)
Net increase in cash and cash equivalents Cash and cash equivalents at beginning of year	63,821 138,043	44,729 93,314
Cash and cash equivalents at end of year	201,864	138,043

Company Limited by Guarantee

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Orchard House,, 15a Purley Road,, South Croydon, CR2 6EZ.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Hear Us was commissioned to contribute to the fulfilment of the Sustainable Community Strategy aim of the London Borough of Croydon, to involve service users in the assessment of need, planning, selection of providers and monitoring of services. All material incoming resources from this service level agreement between Hear Us as the provider and Clinical Commissioning Group (CCG) as the Commissioner, have been included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Foreign currencies

Foreign currency transactions are initially recorded in the functional currency, by applying the spot exchange rate as at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated at the exchange rate ruling at the reporting date, with any gains or losses being taken to the statement of financial activities.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

3. Accounting policies (continued)

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure
 reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated
 facilities and services are recognised in the accounts when received if the value can be reliably measured.
 No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This
 is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular
 purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further
 its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the
 governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

25% reducing balance

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

4. Limited by guarantee

The charity is also registered with Companies House as a private company limited by Guarantee without share capital

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations Donations	6,721		6,721
Grants Maudsley Trust Reach Out Challenge SLA City Bridge Covid-19: London Community Fund: Welfare surgeries Covid -19: The National Lottery	184 1,400 106,999 —	13,100 - 36,000 20,768 34,203	13,284 1,400 106,999 36,000 20,768 34,203
Sponsorship Croydon Eagles: 5 Float Head at Office Grants:5 Lloyds Foundation	354 25,000 140,658 Unrestricted Funds	104,071 Restricted Funds	354 25,000 244,729 Total Funds 2021
Donations Donations	£ 1,088	£ —	£ 1,088
Grants Maudsley Trust Reach Out Challenge SLA City Bridge Covid-19: London Community Fund: Welfare surgeries Covid -19: The National Lottery Sponsorship Croydon Eagles: 5 Float Head at Office Grants:5 Lloyds Foundation	- 121,188 - - - - - 122,276	12,490 	12,490 - 121,188 12,000 16,479 28,283 - - - 191,528

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

6. Expenditure on charitable activities by fund type

	Unrestricted	Restricted	Total Funds
	Funds £	Funds £	2022 £
Travel & Subsistence	17	Σ.	17
Open Forum	17		
Linkworking	30,632		30,632
Welfare Surgery	217	58,915	59,132
Support costs	67,963	21,391	89,353
	98,829	80,306	179,134
	Unrestricted	Restricted	Total Funds
	Funds	Funds	2021
	£	£	£
Travel & Subsistence	9	_	9
Open Forum	287	_	287
Linkworking	28,145	_	28,145
Welfare Surgery	_	58,999	61,652
Support costs	56,547	_	55,884
	84,988	58,999	145,977

7. Expenditure on charitable activities by activity type

	Activities undertaken Grant funding directly of activities		en Grant funding Total fund		Total fund 2021
	£	£	£	£	£
Travel & Subsistence	17	_	_	17	9
Open Forum	_	_	-	_	287
Linkworking	30,632	_	_	30,632	28,145
In Our Shoes	_	_	2,297	2,297	-
Welfare Surgery	59,063	69	_	59,132	61,652
Governance costs		_	82,536	82,536	55,884
	89,712	69	84,833	174,614	145,977

8. Other expenditure

	Unrestricted	Total Funds	Unrestricted	Total Funds
	Funds	2022	Funds	2021
	£	£	£	£
Sundries	53	53	198	198
Christmas social	970	970	560	560
Staff Welfare	768	768	136	136
Subscriptions	79	79	312	312
	1,870	1,870	1,206	1,206

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

9. Net income

	Net income is stated after charging/(crediting):	2022 £	2021 £
	Operating lease rentals	7,973	2,317
10.	Independent examination fees		
		2022 £	2021 £
	Fees payable to the independent examiner for: Independent examination of the financial statements	1,494	1,380

11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2022	2021
	£	£
Wages and salaries	88,056	70,776
Social security costs	605	435
Employer contributions to pension plans	1,963	999
Other employee benefits	7,365	1,252
	97,989	73,462
		December 1997

The average head count of employees during the year was 8 (2021: 8).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

12. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

13. Debtors

	Trade debtors Other debtors			2022 £ 79 165 244	2021 £ 79 147 226
14.	Creditors: amounts falling due wit	hin one year			
				2022	2021
	Other creditors			£ 1,796	£ 1,682
15.	Analysis of charitable funds				
	Unrestricted funds				
		At 1 April 2021	Income	Expenditure	March 202
	Unrestricted Fund	£ 128,987	£ 140,658	£ (100,699)	£ 168,946
	Restricted funds				
		At 1 April 2021 £	Income £	Expenditure 31	At March 2022 £
	Welfare Surgeries Project	7,600	59,700	(64,879)	2,421
	Croydon Eagles	2	5,948	(2,249)	3,699
	Deputy CEO	_	16,734	(4,310)	12,425
	Hear Us Guide	-	15,888	(8,868)	7,020 5,801
	Open Forum	7,600	5,801 104,071	(80,306)	31,366