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## Have you tried different antidepressants but have found that they've not fully helped you?

There is currently uncertainty about how best to treat patients whose depression has not shown a good response to initial antidepressant treatments ("treatment resistant depression"). This is a major problem, as perhaps half of patients do not respond fully to antidepressants alone.

Although many medicines are used to treat treatment resistant depression there is little reliable long term evidence to help patients and doctors to select the drug or combination of drugs that is likely to be the most effective, safe and tolerable. LQD is a randomised controlled trial, meaning that people will be allocated to either of the treatments randomly (by chance), and is designed to provide strong, reliable evidence on the effect of adding lithium or quetiapine to antidepressant treatment for people with treatment resistant depression.

The study is taking place across sites with hubs in London, Oxfordshire and Newcastle.

To be suitable for the study, you must:

- Be currently depressed
- Be over 18
- Have not fully responded to two or more antidepressants in the current episode
- Not have bipolar disorder or current psychosis
- Not be pregnant or breastfeeding

The study is currently seeking participants (from November 2016 to the end of 2019).

If you think you think you may be suitable to take part please contact the research team on 07902774464, or email us at [LQDstudy@kcl.ac.uk](mailto:LQDstudy@kcl.ac.uk). We can then provide you with more details about the study and if you're interested in taking part we'll arrange a time for you to discuss the study and your participation with one of our researchers.

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