

HAPPY HEADS

Pop along to The New Life Christian Centre
on Saturday 13th May and join us for:

TALKS BY TIME TO CHANGE CHAMPIONS

ENTERTAINMENT

THE BALANCE BALL MADE TANGIBLE



EXERCISE CLASSES

CREATIVE CORNER

A PAMPER ROOM

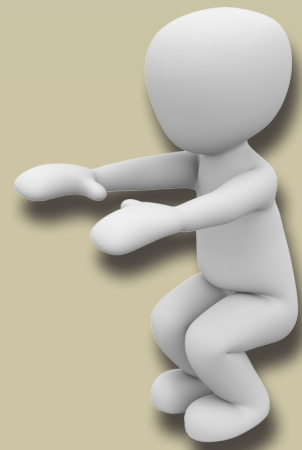
AND MUCH MORE

2pm until 8pm

Free Entry

All donations will go to

time to change
let's end mental health discrimination



 **Mind in Croydon**
for better mental health