



*A two day workshop on*

# **Addiction & its related issues**

**Saturday Oct. 14<sup>th</sup> 10:30- 5:00**

**Sunday Oct. 15<sup>th</sup> 2:00- 5:00**

**at St. John's Upper Norwood**

*Sessions on addictive behaviour, patterns of dependency, the 3 main categories of drugs, their effects, other addictions and their effects, recovery and treatment. 12- Step Fellowships and help in the community. Recovering Addicts will share their personal stories.*

*The cost of the 2 day event will be £10, **PLEASE BRING A PACKED LUNCH, HOT DRINKS AND BISCUITS WILL BE AVAILABLE ON BOTH DAYS** (for an additional fee of £5 attendees can obtain CPD Cert for 10hrs credit)*

To book a place and for further information please email

**[sjunoffice@gmail.com](mailto:sjunoffice@gmail.com)**