



POP UP

# Creative Cafe

**Tuesday 11<sup>th</sup> July 2017 12.30 – 3pm**

Why not pop in and join us for tea, coffee, lunch and a chat and creative arts activities

The **Creative Café** is open to all providing a relaxed space for creative arts activities to help enhance emotional well-being.

Please book by phoning  
020 8654 4010

For more information  
contact: [admin@croйдon-apcmh.co.uk](mailto:admin@croйдon-apcmh.co.uk)  
[www.apcmhcroydon.co.uk](http://www.apcmhcroydon.co.uk)

## WORKSHOPS

- Open art session with Remi
- Singing with Catherine
- Relaxation with Anne

**VENUE**  
St Mildred's  
Community Centre  
Bingham Road  
Addiscombe CR0 7EB  
(near Addiscombe  
Tram stop)



*Kindly hosted by Croydon APCMH*

*With thanks also to the South London and Maudsley Trust*

# How to find us



The nearest tram stop is Addiscombe.  
Buses 130, 367 and 289 stop at the end of Bingham Road  
and St Mildred's is a short walk.

**The group is held in the Pavilion Room.**

